ABSTRACT OF THE DISCLOSURE

An apparatus for protecting an element from paint is constructed from an elastic and absorbent material. In one application, the apparatus protects a watch worn on a wrist of a user. The apparatus includes a band portion for circumferentially surrounding a portion of the watch. The apparatus further includes a transparent window for allowing the user to view a face of the watch. In another application, the apparatus protects a sprinkler head and includes a cover defining a cavity. The cover has an open end for receiving the sprinkler head. At least a portion of the cover is constructed of a breathable material that allows smoke to penetrate through the cover for activating the sprinkler head.